

# Southern California Road Runners of Walnut

## 23<sup>rd</sup> Annual Thanksgiving Turkey Run

Start your Thanksgiving holiday with our traditional morning run.



### RACE DAY SCHEDULE

Thursday, November 28, 2019

Creekside Park

780 Creekside Dr., Walnut 91789

6:30 AM Registration Begins  
 7:30 AM Kiddie Run \*  
 8:00 AM 5K Run  
 8:30 AM Sack Races  
 9:00 AM Pie Eating Contest  
 9:30 AM Awards & Raffles  
*Raffle tickets attached to runner's bibs*

### KIDDIE RUN 200 METERS

- Open to 5 years old & under
- 1st M/F Over all – win a pie and a medal
- All finishers get a medal
- Parents can watch their kiddies run and do the 5K after \*

### 5K RUN

- 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> M/F, O/A Special Awards
- T-shirts for the first 120 who pre-register for 5K or until supply lasts
- Top 3 division M/F win a pie
- 5K course is challenging. No dogs, strollers or headsets permitted.

### SPECIAL FEATURES

- Beautiful trail and grass run
- Well-marked course with water table
- Off-street running with zero traffic
- Visual clock

Registrations by MAIL and ONLINE must be received and completed by November 17, 2019.

MAIL to Irma Garcia, 2436 S. Nogales St., West Covina, CA 91792 or ONLINE at [Active.com](http://Active.com).

QUESTIONS? Email Irma Garcia at [imgar@hotmail.com](mailto:imgar@hotmail.com).

<input type="checkbox"/> Kiddie Run (Age 5 & under) \$ 5 (no shirt, no late fee)	<b>5K ONLY (circle one or indicate Age Division below)</b>
<input type="checkbox"/> 5K Run \$ 25 by Nov.2 / \$ 30 after	(10 & under) = A (25-29) = E (45-49) = I (65 - 69) = M
<b>T-Shirt Size (5K only, select one below)</b>	(11-14) = B (30-34) = F (50-54) = J (70 & over) = N
Youth <input type="checkbox"/> M <input type="checkbox"/> L Adult <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	(15-18) = C (35-39) = G (55-59) = K
Total Enclosed: _____	(19-24) = D (40-44) = H (60-64) = L _____

Last Name \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Gender: Female  Male  Age on Race Date: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

#### EVENT WAIVER RELEASE (READ BEFORE SIGNING)

In consideration of signing this waiver, I herby, myself, my executors, administrators, and assignees waive any and all right of claims for damages I may have against the Southern California Road Runners of Walnut, race hosts, The City of Walnut, race sponsors, volunteers, assignees, or any individual associated with this event for any injuries sustained by me in this event, or as a result of any activity or action against this event. I expressly release the above-named parties from and against any and all claims or liabilities arising from their organization, planning, and implementation of this event. Also, none of the above is responsible for any loss of personal property or any form of aggravation in connection with this event. I understand that the event course consists of trails and park grounds in their ordinary and usual natural condition and that the course has not been prepared for this event. I attest and verify that I am physically fit, and have trained for this event. I grant full permission for sponsors and others to use photos or films of my participation in this event without liability or obligation to me. I acknowledge that I have read this provision, and fully understand my own liability. I do herby, accept these provisions, and take full responsibility for my own participation.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Parent or Guardian Signature if Participant is under 18

\_\_\_\_\_  
Date